

### **Cookworthy Permanent Orienteering Course**

**Course White Course 1.9km long 40m climb, Length 1.9 km, Climb 40 m**

Start Start/Finish Track & path junction

1. 01 Track Junction
2. 02 Track bend
3. 03 Track & indistinct ride junction
4. 04 Westmost earth wall end
5. 05 Track bend
6. 06 Track junction
7. 07 Track & path junction
8. 08 Path Junction
9. 09 Fence & stream junction
10. 10 Small path & ride junction

Start Start/Finish Track & path junction

### **Cookworthy Permanent Orienteering Course**

**Course Yellow Course 2.3km long 50m climb, Length 2.3 km, Climb 50 m**

Start Start/Finish Track & path junction

1. 10 Small path & ride junction
2. 08 Path Junction
3. 11 Pond North side
4. 31 Track & path junction
5. 06 Track junction
6. 05 Track bend
7. 03 Track & indistinct ride junction
8. 13 Tree root West side
9. 02 Track bend
10. 01 Track Junction

Start Start/Finish Track & path junction

### **Cookworthy Permanent Orienteering Course**

**Course Orange Course 2.8km long 70m climb, Length 2.8 km, Climb 70 m**

Start Start/Finish Track & path junction

1. 02 Track bend
2. 13 Tree root West side
3. 14 Stream junction Southmost
4. 05 Track bend
5. 15 Stream & ditch junction
6. 17 Steep slope end
7. 11 Pond North side
8. 18 Path end
9. 19 Indistinct path/ride junction
10. 10 Small path & ride junction

Start Start/Finish Track & path junction

### **Cookworthy Permanent Orienteering Course**

**Course Light Green Course 3.1km long 85m climb, Length 3.1 km, Climb 85 m**

Start Start/Finish Track & path junction

1. 19 Indistinct path/ride junction
2. 11 Pond North side
3. 15 Stream & ditch junction
4. 14 Stream junction Southmost
5. 13 Tree root West side
6. 20 Post 2m high
7. 21 Shallow reentrant
8. 22 Knoll
9. 23 Vegetation boundary corner
10. 24 Earthbank end
11. 01 Track Junction

Start Start/Finish Track & path junction

## **Cookworthy Permanent Orienteering Course**

**Course Green Course 3.8km long 90m climb, Length 3.8 km, Climb 90 m**

Start Start/Finish Track & path junction

1. 24 Earthbank end
2. 23 Vegetation boundary corner
3. 25 Tree root West side
4. 26 Earth wall junction
5. 30 Ditch junction
6. 27 Earth wall junction
7. 29 Stream
8. 22 Knoll
9. 20 Post 2m high
10. 14 Stream junction Southmost
11. 28 Stream bend
12. 19 Indistinct path/ride junction

Start Start/Finish Track & path junction