



THE NATIONAL TRUST

for Places of Historic Interest or Natural Beauty

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GUIDELINES FOR TEACHERS ON SELF-LED VISITS

Familiarisation	It is strongly recommended that the Group Leader is familiar with the property prior to the school visit. We recommend you carry out a risk assessment for your visit to Saltram.
Access	Access to the Saltram estate/parkland is free and possible all year round. A number of paths and tracks are rough and stout footwear is advised. The National Trust encourages access for all, including wheelchair uses. We suggest that all leaders of groups with special needs discuss their visit beforehand with the warden.
On arrival	Please notify the warden staff that your group has arrived. Tel : 07500102158 or 07971409051
Adult/Schoolchildren Ratio	The ratio of adults to schoolchildren should be at least 1:10. For young children 1:5.
Clothing	Please advise the group to wear suitable clothing for the weather and the right footwear for the terrain. They may need to bring waterproofs or sun block and hats if appropriate. Long sleeved tops and trousers are recommended to prevent insect bites. We recommend good walking shoes as the paths in Saltram can be muddy. The group may also need a rucksack, water, food, activity equipment and maps.
Facilities	This is essentially an outdoor field study site. Lavatories, shops and catering facilities are available at the house.
Emergencies	All groups must have a mobile phone in order to contact emergency services, the warden or house
First Aid.	You should have a qualified first aider in your group and a note of any children suffering from allergies such as bee and wasp stings.
Hazards.	A number of paths and tracks are rough and stout footwear is advised. The estuary is muddy and tidal. Saltram is a wooded site (mixture of mainly oak and pine). The paths and tracks are used by estate vehicles.
Parking.	The National Trust has car park bays and a coach bay at Saltram

Lunch.	There are catering facilities in the restaurant, however the events will take place in the parkland/estate and the group should bring their own food and drink. It may also be advised that the group brings plastic bags for sitting on the damp ground.
Location	Saltram is located at the eastern edge of Plymouth. The area is covered by OS Landranger Map number 201 (SX522595).