

Devon Orienteering Club invites you to a varied weekend of orienteering.



# SPRINT CYCLE NAVIGATE RUN

## SOUTH WEST SPRINT CHAMPIONSHIPS + MBO + Foot O September 11-12<sup>th</sup>, 2010 *(Rev 3 14Jul 10)*

### Saturday, September 11th      Woodbury Common, near Exeter

- MBO**      Newly updated map for MBO, revised summer 2010, scale 1:15,000, contours 5m. Mixed heathland and woodland with a large track network.
- Three courses are available. The straight line course lengths are: A -14 km, B -11 km & C - 8 km. The riding distances along tracks and paths will be typically 21, 16 & 11 km respectively.  
Planner: Nigel Benham (SARUM)
- Foot O**      Standard Foot O map, 1:10,000    Courses: Green and Orange;      Entry On the Day only  
Starts for both events: 1200-1400

### Sunday, September 12<sup>th</sup>      Exeter University      Regional Event

- Sprint O**      Newly updated map by the planner, Erik Peckett for this event. Age range courses M/W10-M/W80 with A and B races. Chasing starts on the B races with the combined times deciding the results.  
Starts:    A race 1030-1200      B race Chasing start from 1400
- Punching**      All courses use SI. Hire charge £1.
- Dogs**      Allowed on Day 1. In car park only Day 2.
- Travel**      Day 1 - signed from GR SX982888 on the A376.      Day 2 - follow Exeter University signs.
- Entry fees**      Day 1 – Adults£6/Juniors £2 for MTBO. Foot O £5/£1 (see footnote).  
Day 2 - Adults£10/Juniors £3, total includes both A and B races.
- Entries**      Pre-entry for MBO and Sprint event, preferably on line, is at [www.fabian4.co.uk](http://www.fabian4.co.uk)  
Day 1 - See notes below.  
Day 2 – Enter Sprint event by Age class
- Closing date Tuesday August 31<sup>st</sup> 2010. Late entry add £2, subject to map availability.  
EOD for Foot O courses.
- Postal entries**      On standard entry form to: Jill Green, 39, Prospect Park, Exeter EX4 6NA.  
Cheques payable to Devon Orienteering Club. Please enclose a SAE for final details.
- Website**      <http://www.devonorienteering.co.uk>
- Enquiries**      Jill Green on 01392 278512 (before 2200) or email [jill-green@blueyonder.co.uk](mailto:jill-green@blueyonder.co.uk)
- Insurance**      Competitors taking part in the Foot O either day will be covered by BOF insurance. Non-BOF members will need to pay £2 extra.  
Competitors taking part in the BMBO event will need to preregister as an Associate Member of the BMBO (British Mountain Bike Orienteering) on their website [www.bmbo.org.uk](http://www.bmbo.org.uk). This is simple and you will get a membership number which you will need to quote when entering. Without the number you will need to pay £7 (discounted fee of £4 for full BMBO members).

## **Notes on entering the Mountain Bike Orienteering Event.**

### **If you are an orienteer used to entering orienteering events via Fabian4:**

Proceed as normal until you get to step 2 (use the Auto Complete feature in step 1 if necessary).

Step 2: Competitor profile:

All the existing profiles will expect BMBO membership details. If some of your family (group) are not BMBO members then delete these profiles using the Delete links against the Competitor N Profile header.

Complete the 'Bike Details' section for the remaining profiles: BMBO Number, Full or Associate member, BMBO Class and YOB.

Step 3: Event Specific Details:

Select Course: either A (21 km); B (16 km) or C (11 km). These are typical distances that are likely to be ridden.

Step 4: Review

Check details and pay.

### **If you are a biker and not an orienteer:**

You should have no orienteering details and should not have any problems and follow steps 1 to 4 as above.