

Course Details

Course	Age Classes	Length (km)	Climb (m)	Controls	Length (km)	Climb (m)	Controls	Length (km)	Climb (m)	Controls
1	M21L	6.3	180	21	9.7	400	25	9.6	350	26
2	M35L M40L	5.5	150	19	9.0	370	23	8.7	310	24
3	JM5L M45L M50L M21S W21L	4.8	150	17	7.0	315	17	7.7	300	24
4	JM5M M55L M60L M35S M40S JW5L W35L W40L	4.4	140	16	6.3	290	14	6.5	240	21
5	M65L M45S M50S W45L W50L W21S	4.0	140	15	4.7	200	10	5.4	180	19
6	M70L JM5S M55S W55L W60L JW5S W35S W40S	3.0	120	12	4.2	120	9	4.4	150	15
7	M75L M60S M65S W65L W70L W45S	2.5	100	11	2.7	75	9	3.4	130	17
8	M70S M75S W50S W55S W60S W65S W70S W75	2.4	100	10	2.5	75	6	2.8	110	14
9	JM4 JW4 Light Green	2.6	120	11	3.1	75	8	3.2	120	14
10	JM3 JW3 Orange	2.1	60	9	2.5	75	8	2.6	80	10
11	JM2 JW2 Yellow	1.7	80	10	2.2	55	8	2.3	80	16
12	JM1 JW1 White	1.5	50	9	1.4	35	9	1.5	40	9

All course details as at 30 Apr 08 and are subject to final controlling